

# Holy Spirit February Featured Menu

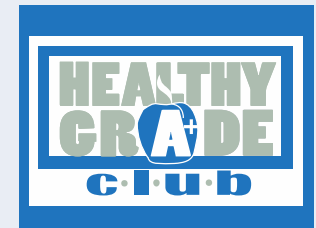
*Proudly Presented by Navin Bros. Food Service*

Date	Navin Healthy Grade	Wraps, Salads, & More	From the Hot Line	Panini of the Day
Mon 1/30				
Tues 1/31				
Wed 2/1	<b>Chicken ala Romana</b>	<b>Veggie Croissant</b>	<b>Chicken Fried Rice w/ Spring Roll &amp; Fortune Cookie</b>	<b>Cheese Steak</b>
Thurs 2/2	<b>Vegetarian Stromboli</b>	<b>Italian Hoagie</b>	<b>Crispy Chicken Sliders</b>	<b>Buffalo Chicken</b>
Fri 2/3	<b>Grilled Chicken Quesadilla</b>	<b>Grilled Chicken, R. Peppers, Provolone, Pesto on Ciabbata</b>	<b>Pepperoni OR Cheese Stromboli</b>	<b>Crispy Chicken w/ Honey Mustard</b>

In addition to the published featured menu, the following offerings are available on a daily basis:

- Manager's Choice of Additional Hot Entrees, Sandwiches, and Other Prepared Foods
- Assorted Cold Salads, Wraps, & Sandwiches
- Low Fat Yogurt Parfaits with Fresh Fruit and Granola
- Fresh Sliced Fruit Cups as well as Whole Fruit
- Fresh Vegetables with Dipping Sauce
- Fresh Baked Goods

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.  
If you have a food allergy, please speak to the Cafeteria Manager.  
Menu Subject to Change.



# Holy Spirit February Featured Menu

*Proudly Presented by Navin Bros. Food Service*

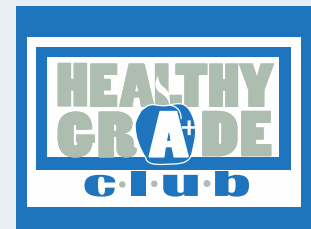
Date	Navin Healthy Grade	Wraps, Salads, & More	From the Hot Line	Panini of the Day
Mon 2/6	Whole Wheat Pizza w/Baby Spinach, Garlic, Sundried Tomatoes & Feta	Chopped Antipasto Salad	Macaroni & Cheese w/ Breadstick	BBQ Chicken
Tues 2/7	Grilled Chicken w/ Lemon, Garlic & EVOO served w/ Mixed Greens Salad	Turkey BLT	Philly Cheese Steak	Chicken, Bacon, Cheddar w/ Chipotle Sauce
Wed 2/8	Grilled Fish Taco w/ Fresh Salsa & FF Cheddar	Tuna Salad Hoagie	Cheese OR Farmer's Market Pizza	Roasted Peppers, Mozzarella, Basil
Thurs 2/9	Grilled Vegetable Lasagna served w/ Multigrain Roll	Southwest Chicken Salad	Bosco Sticks w/ Sauce	Buffalo Chicken
Fri 2/10	Pasta Pomadora w/ Whole Wheat Roll	Neptune Salad Wrap	Cheese Ravioli Marinara w/ Garlic Toast	Cheddar, Mozzarella, Tomato

In addition to the published featured menu, the following offerings are available on a daily basis:

- Manager's Choice of Additional Hot Entrees, Sandwiches, and Other Prepared Foods
- Assorted Cold Salads, Wraps, & Sandwiches
- Low Fat Yogurt Parfaits with Fresh Fruit and Granola
- Fresh Sliced Fruit Cups as well as Whole Fruit
- Fresh Vegetables with Dipping Sauce
- Fresh Baked Goods



Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.  
If you have a food allergy, please speak to the Cafeteria Manager.  
Menu Subject to Change.



# Holy Spirit February Featured Menu

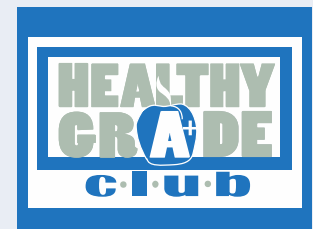
*Proudly Presented by Navin Bros. Food Service*

Date	Navin Healthy Grade	Wraps, Salads, & More	From the Hot Line	Panini of the Day
Mon 2/13	<b>Whole Wheat Stromboli w/ Roasted Red Peppers, Fresh Basil &amp; FF Mozzarella</b>	<b>Turkey Bacon Ranch Wrap</b>	<b>Big Daddy's Pizza</b>	<b>Grilled Chicken, Fresh Mozzarella, Plum Tomatoes &amp; Balsamic Glaze</b>
Tues 2/14	<b>Chicken Scampi over Angel Hair Pasta</b>	<b>Grilled Chicken &amp; Bruschetta Wrap</b>	<b>Soft Shell Taco Platter OR Taco Salad</b>	<b>French Dip w/ Cheddar &amp; Horseradish Dijon</b>
Wed 2/15	<b>Chicken ala Romana</b>	<b>Veggie Croissant</b>	<b>Chicken Fried Rice w/ Spring Roll &amp; Fortune Cookie</b>	<b>Cheese Steak</b>
Thurs 2/16	<b>Vegetarian Stromboli</b>	<b>Italian Hoagie</b>	<b>Crispy Chicken Sliders</b>	<b>Buffalo Chicken</b>
Fri 2/17	<b>Grilled Chicken Quesadilla</b>	<b>Grilled Chicken, R. Peppers, Provolone, Pesto on Ciabatta</b>	<b>Pepperoni OR Cheese Stromboli</b>	<b>Crispy Chicken w/ Honey Mustard</b>

In addition to the published featured menu, the following offerings are available on a daily basis:

- Manager's Choice of Additional Hot Entrees, Sandwiches, and Other Prepared Foods
- Assorted Cold Salads, Wraps, & Sandwiches
- Low Fat Yogurt Parfaits with Fresh Fruit and Granola
- Fresh Sliced Fruit Cups as well as Whole Fruit
- Fresh Vegetables with Dipping Sauce
- Fresh Baked Goods

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.  
If you have a food allergy, please speak to the Cafeteria Manager.  
Menu Subject to Change.



## Holy Spirit February Featured Menu

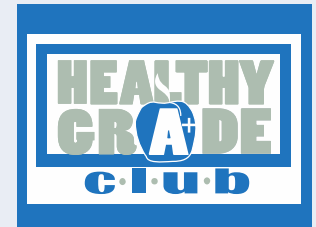
*Proudly Presented by Navin Bros. Food Service*

Date	Navin Healthy Grade	Wraps, Salads, & More	From the Hot Line	Panini of the Day
Mon 2/20	No School	No School	No School	No School
Tues 2/21	Grilled Chicken w/ Lemon, Garlic & EVOO served w/ Mixed Greens Salad	Turkey BLT	Philly Cheese Steak	Chicken, Bacon, Cheddar w/ Chipotle Sauce
Wed 2/22	Grilled Fish Taco w/ Fresh Salsa & FF Cheddar	Tuna Salad Hoagie	Cheese OR Farmer's Market Pizza	Roasted Peppers, Mozzarella, Basil
Thurs 2/23	Grilled Vegetable Lasagna served w/ Multigrain Roll	Southwest Chicken Salad	Bosco Sticks w/ Sauce	Buffalo Chicken
Fri 2/24	Pasta Pomadora w/ Whole Wheat Roll	Neptune Salad Wrap	Cheese Ravioli Marinara w/ Garlic Toast	Cheddar, Mozzarella, Tomato

In addition to the published featured menu, the following offerings are available on a daily basis:

- Manager's Choice of Additional Hot Entrees, Sandwiches, and Other Prepared Foods
- Assorted Cold Salads, Wraps, & Sandwiches
- Low Fat Yogurt Parfaits with Fresh Fruit and Granola
- Fresh Sliced Fruit Cups as well as Whole Fruit
- Fresh Vegetables with Dipping Sauce
- Fresh Baked Goods

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness.  
If you have a food allergy, please speak to the Cafeteria Manager.  
Menu Subject to Change.



# Holy Spirit February Featured Menu

*Proudly Presented by Navin Bros. Food Service*

Date	Navin Healthy Grade	Wraps, Salads, & More	From the Hot Line	Panini of the Day
Mon 2/27	<b>Whole Wheat Stromboli w/ Roasted Red Peppers, Fresh Basil &amp; FF Mozzarella</b>	<b>Turkey Bacon Ranch Wrap</b>	<b>Big Daddy's Pizza</b>	<b>Grilled Chicken, Fresh Mozzarella, Plum Tomatoes &amp; Balsamic Glaze</b>
Tue 2/28	<b>Chicken Scampi over Angel Hair Pasta</b>	<b>Grilled Chicken &amp; Bruschetta Wrap</b>	<b>Soft Shell Taco Platter OR Taco Salad</b>	<b>French Dip w/ Cheddar &amp; Horseradish Dijon</b>
Wed 2/29	<b>Chicken ala Romana</b>	<b>Veggie Croissant</b>	<b>Chicken Fried Rice w/ Spring Roll &amp; Fortune Cookie</b>	<b>Cheese Steak</b>



Our Mission is to offer the finest of healthy foods and beverages available at the lowest possible cost, prepared in a sanitary environment by the finest food service professionals in the area.

Navin Bros. Food Service exclusively offers products w/ zero trans fat.

**If you have a food allergy, please speak with the cafeteria manager.**

Please direct any questions or concerns regarding the food service program to [jmnavin@navinbros.com](mailto:jmnavin@navinbros.com). Your feedback is always appreciated

